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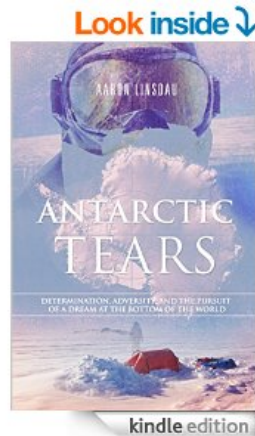
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Antarctic Tears: Determination, adversity, and the pursuit of a dream at the bottom of the world [Kindle Edition]

[Aaron Linsdau](#) (Author)

(3 customer reviews)

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Book Description

Publication Date: **July 6, 2014**

He had a plan. It was to do something no other American had ever accomplished. Aaron Linsdau wanted to become the first to ski from the coast of Antarctica to the South Pole and back without aid or support in 90 days. And, he wanted to do this alone.

The journey covers over 1,400 miles through the most forbidding frozen terrain on the planet. The temperature is always below zero and gale force winds routinely roar across the ice. The polar plateau is devoid of life. There are no plants, animals, insects or anything else. It provides no shelter, no protection, and is unforgiving of the most minor mistakes. Previous expeditions have lost tents, helplessly watching them blow over the horizon. Many explorers have quit or been rescued.

What began as a brave adventure into the unknown turned into a battle for survival. In this compelling narrative, Linsdau brings the reader to Antarctica, sharing the experience of surviving incredible storms, skiing blind through whiteouts, crossing invisible crevasses, and skirting disaster. The air is cold enough to freeze water in seconds and cause frostbite in minutes. Only outer space is less hospitable.

Driven by passion, he sacrifices nearly everything to make his dream come true. This is a story about personal discovery, testing the limits of human endurance, total dedication to achieving a goal, and never giving up even when both body and equipment fail.

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Great adventure story kept me turning pages October 25, 2014

By [Aidina B](#)

Format: **Paperback**

Antarctic Tears details Linsdau expedition across Antarctica. The former engineer set forth to fulfill his lifelong dream of skiing to the South Pole while inspiring any reader to pursue her dreams. The expedition was also to help raise awareness for prostate cancer. The author's father had something to do with this. I've known a couple people suffering through this, so I know the value. Told from the first person viewpoint, the book relives the experience, harrowing problems, triumphs, challenges, and terrors of skiing across a frozen wasteland. As a manager, I really appreciated the insight Linsdau provided in how he came to put together the whole expedition. Even with all the planning in the world, sometimes things go wrong, as we all know. This required intense dedication to achieving the goal of the expedition. The amazing thing about this is he just wouldn't quit when things turned problematic. At least I get to go home at the end of the day. The only place he could go was into his tent during raging storms. Not much rest there.

This book shares the experience on many levels. On the surface, it appears to just be an adventure story but as I learned, it was so much more. The narrative kept me going the whole time and I kept wondering what would go wrong next and how would he get out of it. The story is well organized and pretty easy to follow. Some of the technical material of expeditioning was a bit challenging but after reading about it in different perspectives through the book, I was able to deduce just about everything. I really felt like I learned how this was all done but the motivation required to take that kind of punishment 24 hours a day is just beyond me. As dedicated as I am, this is a whole different level.

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A Captivating Chiller! October 22, 2014

By [Kelly Bradstreet](#)

Format: **Paperback**

When I first started reading "Antarctic Tears" I was amazed how Aaron Linsdau could take me right there with him. I couldn't put this book down. I felt like I was in a movie and I could picture every step of his way. I know this type of expedition is not for everyone, I wouldn't take this on myself but it's not about doing what he did, he inspires me to complete my own dream. Often times I set out to do something and when I come across issues I automatically decide it's over and not possible. Linsdau's story made me realize that a goal and a dream are two different things and giving up is not an option. He had a goal to reach the South Pole but more than that he had a dream to do it. He had limited time to do this and while reading this book I found there could be one of two endings, will he reach his goal or will he fulfill his dream? Whenever I feel like getting out of my own little world for a bit, I open this book. It can take me somewhere I never thought I could go. Often times I get irritated by these types of stories where something constantly goes wrong, but it is so refreshing to read how Linsdau turns a problem into a solution and it doesn't just skip to the next scene where it magically disappears. In the end, this story inspires me to never give up, work out problems and best of all to follow my dream. I highly recommend "Antarctic Tears".

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Great find as a gift for an adventurer October 27, 2014

By [Dorothy Perkarske](#)

Format: **Paperback**

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Originally I bought this book for my husband, as he's into books about adventure. But when the book arrived, I started flipping through a few pages, and then I kept reading and reading. I've never been to Antarctica. After reading this, there is no way I'll ever go there, either. At least to the interior. Maybe we'll take a cruise one day to go there, but that's a maybe. The book's opening scene was shocking. I can't believe someone could go through that much and still keep going. I would have called and said "get me out of here". I had no expectations of Antarctic Tears but after reading it, it exceeded whatever I could have had..

Aaron Linsdau does an excellent job of portraying the raw emotion and the experience of being out there. Many times I found myself having goosebumps running up and down my arms. It felt as though I was there on that lonely plateau. And then the surprise half way through the book. Is that even possible? The utter realism of the situations he found himself in were excellently crafted. They kept the book going, making me wonder what was going to happen next, without becoming too laborious or overly descriptive. As much as I enjoy my fluff books, what they have happen isn't real and knowing that someone actually went through this still has me thinking about it. More than once, I had to put the book down, just stare off into space for a minute, and wonder why anyone would do such a thing to themselves. By the end of the book, I understood better why, but still. Also, there was a nice short section on the history of Antarctica in the book, too. How could the world be explored so long ago and yet Antarctica only have been found just a little over 200 years ago still baffles me. [Read more](#).

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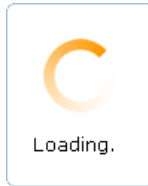
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